

Saline Area Senior Council, Inc.
General Membership Meeting Minutes
Wednesday, May 15, 2019
11:30 AM

The Saline Area Senior Council General Membership was called to order by President Lucy Crossey at 11:32 AM

Present: President, Lucy Crossey; Vice President, Jim Low; Secretary, Judy Slater; Treasurer, Bill Nicholls; SASC Director, Nancy Cowan; Member-At-Large, Michele Hall; Community Education Director, Brian Puffer.

Absent: Mayor, Brian Marl (excused)

The Pledge of Allegiance was observed.

Minutes: General Membership Meeting minutes from April 15, 2019, reviewed and accepted.

Treasurer's Report: Bill Nicholls

Budget and expenses are on target; the year to date surplus will be offset by expected forthcoming expenses. CARES financial will reconcile at year's end. A motion to accept was made and carried.

Director's Report: Nancy Cowan

More than 60 volunteers attended the SASC Volunteer Recognition party. Root beer and other soda floats were served to highlight the image of volunteers keeping SASC "afloat." Nancy encouraged the members in attendance at today's meeting to consider volunteering in the many opportunities at SASC.

Thank you to the student Builder's Club and Kiwanis Key Club for working together to clean our patio.

Saline Senior High School Writing Center students and SAS-C Writers plan to collaborate beginning this fall. Our Writers have been invited to a celebration reception on Monday, May 20 marking the publication of the Writing Center students' first magazine.

The Pen Pal party is Tuesday, May 28 at 1 PM. It has been a fun partnership this year. Members are encouraged to participate. Contact Megan.

We are partnering with third grade students for Cardio Drumming led by Jerry Powell here this afternoon at 1:30.

Donations for the fall bag and jewelry sale at the Center are encouraged.

Upcoming trips: Brigadoon in Dexter; Mud Hens and Tigers baseball.

Friday, June 21 is the Mayor's Conference at SASC. The sheriff and his horse "Jade" will be out front to greet folks. SASC membership is not required for this event. Sign up in the office, please.

Nancy applied for a Metropark grant; if accepted, we will plan a Kensington Park trip in August, using a charter bus.

Program Report: Megan Kenyon

Today's lunch is provided by EHM. Thank you to Julia and Brenda of the Liberty Club for the decorations.

Today is Cardio Drumming with Woodland Meadows third graders. Jerry Powell will lead.

Thursday, May 16 is "AARP Smart Tech Driver Education" class, 11 AM.

Thursday, May 16 is "Dementia: Overcoming Communication Barriers," 1:30 PM, presented by Arbor Hospice.

Thursday, May 30 "Everything You Want to Know about Opioids," 11 AM, presented by Carolyn Zaleon, Pharm D. Carolyn does chronic pain work.

Friday, May 31 "What is Lymphatic Drainage Massage?" 10 AM, by Sissel Bridges.

Tuesday, June 4 "Invasive Species," 10 AM

Monday, June 17 Blood Drive, 12 PM

Friday, June 21 Mayor's Senior Conference, 8:30 AM - 1 PM

Board Comments:

Lucy introduced the proposed revisions to the bylaws that were approved by the Board on 5/15/19. Copies were distributed to the members at the meeting.

Lucy also introduced and distributed an addendum to the bylaws, which reads:

Under Roman Numeral 111. Board of Directors add: All members of the Board are voting members with the following exception: In the case a board vacancy occurs after the general election, only the elected board members may vote on the replacement. The appointed board members are not eligible to vote, unless they are members in good standing at the Saline Area Senior Center.

The membership voted on the SASC Constitution and By-laws revisions; additionally voting on the addendum that Lucy presented at this general membership meeting. Lucy asked for a hand vote since a 2/3 majority vote is required to pass.

A motion to accept was made and carried, no objections.

Lucy announced upcoming SASC Board election, which will be held at the Annual Picnic in July. Positions up for election are President and Treasurer. Both incumbents are eligible to run for another two-year term. Members interested in running for either office or in nominating anyone may sign up on the bulletin board until Friday, May 24. If there are no challengers, the current incumbents will continue in office and there will be no July election.

Saline Area Schools Update, Brian Puffer:

Fourth of July fireworks will be on this campus; more information to come.

The Saline High School Graduates Banquet is Saturday, June 22 at the high school. Please register ahead at the Liberty School Community Education office. A flyer is on the bulletin board.

Senior last day of school is May 24.

Last day of school for the district is June 14.

Graduation is June 2.

School will start in the fall before Labor Day on August 26.

The "Collage" music program is May 24 at the high school auditorium.

Guest Speaker: Dr. Christopher Wilson of Oakland University introduced Dr. Sara Arena, a co-researcher and manager of the new research program: HOP-up Physical Therapy - "HOP-up" means "Home Based Older Person." It is a \$200 thousand grant including Saline as an early participant in this research study project to determine standards for Medicare. It is about staying safe at home and in community. Physical therapists come into the home to teach. A grant currently pays for this program. Participants are given a free Fit-Bit and electronic blood pressure cuff. There are 8 slots left in Saline. Member Paul Eisele has signed up and is waiting to start. Start time varies for each participant. Interested members were encouraged to meet with Dr. Wilson or Dr. Sara Arena following today's meeting. Lucy Crossey is a participant and gave a positive recommendation of the process and program.

Member Comments:

Sunday, May 19 at 4 PM is the Horizons Band outdoor concert at First United Methodist Church. Bring a lawn chair. No admission charge.

The meeting was adjourned 12:05 PM.

Prayer by President Lucy Crossey.

Birthday Recognition.

Lunch was prepared by Linden Square.

Submitted by Secretary, Judy Slater